

Celebrate our 35th year with us.....Well Within's Earth Mysteries & Sacred Site Tours presents.....

# ***Mystical Ireland!!***

***Mythology, Ancient Sites,  
History & Mystery of Ireland -  
A Celtic Journey***

***4 Tours***

***April 7 - 21, 2017 OR***

***May 5 -19, 2017 OR***

***June 2 - 15, 2017 OR September 17 - 30, 2017***



- \* Celtic & Pre-Celtic Teachings, & Mysteries
  - \* History's Mysteries in Ireland \* New findings about why standing & mound sites were built
  - \* Are the Celts Egyptians? Connections of Ancient Ireland with Egypt
  - \* The Goddess Brigit \* Connections with Atlantis?
  - \* Magical Killarney - lakes, mountains, waterfalls, castles, gardens
    - \* Gap of Dunloe pony cart trip with Killarney Lakes boat trip
    - \* Muckross Gardens, Friary and Yew Grove
    - \* Torc Waterfall \* Traditional Music in pubs
  - \* Dingle Peninsula - ancient beehive huts, Gallarus oratory, beaches & seaport village
  - \* Beara Peninsula - magnificent scenery, standing stone circles
  - \* County Cork - Gobnait's Sacred Well & Monastic Site including Sheela na Gig
  - \* County Clare
    - \* Doolin with pubs & traditional Irish Music
    - \* Cliffs of Moher \* Brigit's Well
    - \* The Burren - magical lunar landscape with dolmen's & more
    - \* Aran Islands
- (tentative & optional, on your own, during free day in Doolin, extra cost)



- \* Newgrange - Neolithic Cathedral, 3000 BC
  - \* Knowth - incredible area of many passage mounds
  - \* Hill of Tara, Sacred Center of Ireland - mounds, myth & magic
  - \* Loughcrew - magical hills - mounds high on hills with ancient rock carvings inside
- \* Pubs with music as we travel, great food, wonderful Irish brown bread, incredible breakfasts
- Register Early to take advantage of early registration discount & the best discount airfares. Space limited to 14 persons.***

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Sheri Nakken, former R.N., MA, Director/Creator

***Well Within***

***Phone 360-390-4343 (number that will forward to wherever I am)***

***Email earthmysteriestours@gmail.com (best to contact me with email address)***

***Sheri Nakken, R.N., MA, Director -- Conducting Conferences throughout the world since 1982***

***Provider Approved by the California Board of Registered Nursing, BRN Provider #04327***

***Visit us on the Internet at <http://www.wellwithin1.com>***

***Conducting Conferences & Workshops throughout the world since 1982 (All tours personally led by Sheri)***

*A feast for your senses - the lush country of Ireland -  
Land of loughs (lakes), mountains, cliffs, sea, rivers, beaches, trees, fuchsias, music & story  
A mystical, mysterious land filled with legend, folk-tales & mythology*



Explore Celtic myth, worldview & history as we journey through this ancient land  
Meet incredibly wonderful people      Learn history as it comes alive everywhere we travel  
Visit magnificent ancient 5,000+ year old sites of mystery - cathedrals of Neolithic times

\* **Teachings as we travel**

\* **Celtic & Pre-Celtic Teachings, & Mysteries**

The Land & the People are One, Life is Cyclical, Tir na nog (the Otherworld),  
Gods/Goddesses, Sacred Kingship, Heroes, Sacred Wells, Sacred Festivals,  
Fairy Kingdom, Ancient Races, Druids, Sacred Trees & more

\* The Goddess Brigit      \* History of Ireland      \* History's Mysteries in Ireland

\* Are the Celts Egyptians? Connections of Ancient Ireland with Egypt? Who Were the Druids? Atlantis and Ireland?

\* **Magical Killarney - in her magnificent setting of lakes, mountains, waterfalls, castles, gardens**

\* Incredible horse cart journey thru the beautiful Gap of Dunloe to include inspirational boat trip on the lakes of Killarney

\* Muckross Friary, Gardens & Yew Woods Walk      \* Torc Waterfall      \* Wonderful shopping

\* **Dingle Peninsula - filled with the essence of Celtic magic & legend. Visit some of the many ancient sites scattered throughout**

\* Gallarus Oratory      \* Beehive Huts      \* Dingle town      \* Beaches      \* Fresh local fish

\* Time for shopping & exploring this lovely little harbor town

\* **Cork County area near to Killarney - Standing Stone Circles & Ancient Sites**

\* Ballyvourney Monastic Site - St. Gobnait (female saint/goddess) revered here - famous for care of sick & patron of bees  
Well, grave & Sheela na Gig

\* Beara Peninsula - Various standing stone sites on this mystical peninsula & home of the Hag of Beara

\* **The Burren - fascinating, mysterious lunar-like landscape with rare flowers, exotic plants, wildlife and dolmens**

\* Doolin & traditional music & the sea      \* Cliffs of Moher      \* Brigit's Well      \* Poul nabrone Dolmen

\* Aran Islands - Optional EXTRA trip on your own for the day (extra cost) - usually only available on July tour



\* **Newgrange - Neolithic Cathedral, 3000 BC - phenomenal passage mound with mysterious carvings - Sun & Venus alignments**

\* **Knowth - incredible area of many passage mounds - nowhere else like it on earth - mysterious rock carvings**

\* **Hill of Tara, Sacred Center of Ireland - land of kings, goddesses, ancient sites, mystery**

\* Ancient mounds - stone carvings      \* Mysterious connections with Egypt

\* The Lia Fail stone - one of the ancient sacred objects of the Tuatha de Danaan

\* **Loughcrew      \* Magical hills - home of Goddess      \* Ancient passage mounds with enigmatic rock carvings**

\* Isolated with few tourists      \* Magnificent vistas

\* **Great pubs, music, wonderful food, Irish brown bread & desserts (all meals extra except for breakfasts)**

\* **Accommodations - We stay in lovely B&B's and small hotels throughout the tour, with your own toilet & shower or bath**

\* **Level of Activity - Walking is not extremely strenuous in most areas we visit.**

You can go at your own pace and participate as you wish

Go to <http://www.nccn.net/~wwithin/irel.htm>  
for website & links to sites we will visit - lots  
of info & photos

***Ireland Tour Conditions***

**I. Price of Tour:** Send deposit of \$650 to hold place as soon as possible. See Registration form for prices.

**II. Included:** Price includes 13 nights twin or triple accommodations in Guesthouses, hotels or B&B's, breakfasts daily; admission to sites listed; transportation from Shannon airport throughout Ireland and to Dublin airport at the end; all workshops

**III. Not Included:** Cost does not include airfare to/from Ireland; lunches & dinners; passport & items of personal nature.

**IV. Deposit & Payments:** \$650 deposit secures space. Half of balance of payment due by 90 days before tour and remaining half of balance (full payment) due by 60 days before tour. Total \$150 late payment fee added if payments not made by dates above (\$75 for each payment not met).

***Accommodations***

Lovely Bed & Breakfasts & Hotels throughout Ireland with own toilet/shower or bath - email for locations we will be staying in (also links on webpage).

### Tentative Itinerary for 13 night tour

**Day 1** AM Morning arrival in Shannon, in the west of Ireland & travel to Killarney in Co. Kerry - arrive early afternoon. Stop for brief lunch/snack in lovely Adare with thatched cottages. Arrive mid afternoon in Killarney with time for naps, walking the town, dinner. Beautiful Killarney is set in the mountains and on magnificent lakes & near the Paps of Anu (Goddess Danu). There are castles, waterfalls, wonderful shops, music in the pubs - nature abounds here in this ancient land of the Celts! Also often special musical events while we are here - I will find out! Overnight in Killarney next 7 nights.



**Day 2** Morning introductions, orientation & beginning teachings of the world of the Celts including tree lore. Then visit to Torc Falls, Muckcross Gardens (incredible gardens with ancient trees, beautiful flowers, vast lawns, yew groves, bordering the lakes); and the Franciscan Friary - there will be time for walking along the lakes & in the National Park.

**Day 3** Today we will take a wonderful jaunting horsecart journey into the magnificent Gap of Dunloe (a beautiful gap/valley in the mountains) to include a peaceful boat trip on the lakes which is an incredible experience not to be missed. Experience nature that so inspired the Celts - you may even have a glimpse or experience of Tir na 'Og (the otherworld). (or optional free time on your own)

**Day 4** -Continue teachings this morning and then afternoon trip into County Cork to some of the ancient sites there including standing stones. Some of these we will visit are Ballyvourney Monastic Site - St. Gobnait (female saint/goddess) revered here - famous for care of sick & patron of bees - sacred well, grave & Sheela na Gig & other if time

**Day 5** - Continue teachings this morning and then later morning trip south to the Beara Peninsula via Kenmare - brief lunch and freetime in Kenmare. Also visit various ancient sites on the Beara Peninsula - may include (depends on weather & what we have time for) Derrintaggart West Circle, Ballycrovane Stone, Cailleach Beara (wise woman/goddess) Stone, Ardgroom Outward Stone Circle.



**Day 6** - Day trip to the Dingle Peninsula & town of Dingle. The Dingle Peninsula is filled with incredible scenery as well as archaeological & historic treasures. We will visit the 1200+ year old little stone building, Gallarus Oratory as well as beehive huts, & a beautiful beach to name a few sites. Dingle is a little harbor town with lots of shops. This is a land rich in Irish legend, especially the scene of the fateful battle between invading Milesians. The Tuatha De Danaan were then banished to the hollow hills and became the fairy folk. The western end of Dingle is Gaelic speaking.

**Day 7** - Free day in Killarney on your own - time for shopping here; bike riding; walking; Ross Castle and other options to be explained. We should be able to find some Celtic music in the pubs here!



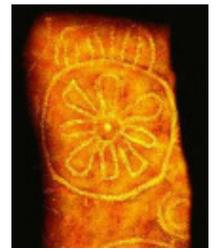
**Day 8** - Travel north to County Clare, crossing the Shannon River by car ferry on our way to Doolin. Also visit Cliffs of Moher & Brigs well nearby. Overnight in Doolin or vicinity next 3 nights

**Day 9** - Travel through the Burren area of County Clare - a 200 square mile lunar-type landscape of grey limestone with its fantastic rocks, over 700 dolmans, forts & exotic wild flowers. We will visit one dolman and an ancient church, as well as beaches, the Burren Perfumery & villages as we travel. It is a special place with its own distinctive personality.

**Day 10** - Free day here in Doolin. Optional trip on your own, if desired (extra cost) to one of the Aran Islands (boats do not usually run in October for Oct Ireland tour). Or take the day to walk the seashore path, visiting ancient sites scattered along the coast, shop a little, relax in the pub, or horseback ride. Also the opportunity while here to possibly hear Irish music in the pubs, live. Great spot! - Near the sea! (in the Burren) Easy walk to shops and pubs. Overnight in Doolin or vicinity.

**Day 11** - Today we will journey to the east of Ireland. Overnight the next 3 nights in this area.

**Day 12 & 13** - Continuation of Celtic teachings & history's mysteries. While here we will visit Newgrange, an earth mound in the historic Boyne Valley, 36 feet high dating from about 2,500 B.C. The front of this incredible mound is covered with quartz crystals. This incredible mound contains an 60-foot long entrance hall, 20 feet high circular chamber, corbelled roof & many stones with spiral carvings on them. There are many other special features of this place. We also will visit Knowth, another earth mound surrounded by dozens of smaller mounds, still under excavation. There is a wonderful visitor center associated with these sites with museum & displays. During these days we will also visit Loughcrew. This is an amazing place & it is so special to be here, relatively alone in these incredible ancient cairns. Loughcrew is isolated, an ancient site with lots of cairns with spectacular carved stones high on hills with incredible views. Also visit the Hill of Tara, the most sacred place in Ireland for many millennia - an incredible site with mounds, sacred well, and mystery - famous Mound of the Hostages with remains of a young prince. Interesting connections with Egypt. Also new findings here in the last year. Teachings on these ancient sites & their history.



**Day 14** - Tour ends for flights home or optional time on your own in Dublin (can assist with details)

### Who Are These Tours Designed For?

These tours are designed for women as well as men; young or not so young; people interested in the mystery and sacredness of life, with a desire to know and understand more of where we've come from to assist us in where we are going and making a difference on the planet. We also explore some of the latest information out there that you may have never heard before. If you have a curiosity about mythology, sacred sites, history you were never taught in school, other cultures, and a sense of adventure as well as want to travel with like-minded people in small intimate groups, these tours are designed for you. They are not your ordinary, large group tours, being herded into buses with little time to experience the sites.

*We want your tour to be a trip of a lifetime, a transformative adventure.*

**Well Within's Earth Mysteries & Sacred Sites Tours - Celebrate 35 years of retreats & tours with us in 2017!**

Experience incredible journeys to ancient & sacred sites throughout the world. Well Within's Earth Mysteries & Sacred Sites tours to mysterious & sacred sites are special in that you experience the power & energy of the sites. These are not just the normal sightseeing tours. They are experiences to remember for a lifetime. The tours are specially designed with expert guidance and time to experience each place. Well Within, since 1982, has sponsored & conducted nearly 100 exciting workshops, conferences, weekend retreats in holistic health & metaphysical concepts & nearly 100 incredible international tours to these mysterious & sacred sites as well as alternative healling centers. Well Within has conducted the above in California, Colorado, Hawaii, England, Scotland, Wales, Ireland, Switzerland, Germany, France, Greece, Norway, Sweden, Egypt & Bali.

**Sheri Nakken, former R.N., M.A.,** is Director & Creator of Well Within & Earth Mysteries & Sacred Site Tours. She has a great passion for mythology, legend, ancient practices, ancient sites, & history's mysteries, where clues are found as to why we are here on this planet & other realms that are present to assist us. By visiting these incredible sites, ancient memories and teachings can be tapped into consciously and unconsciously to assist us on our journey. What we can create together will be magnificent!

**Cancellation & Refund Policy**

Refunds minus \$300 fee will be made if cancellation is postmarked by 150 days prior to departure. If cancellation postmarked between 60-149 days prior to departure \$600 is non-refundable. If cancellation postmarked between 30-59 days prior to departure, \$1100 is non-refundable. If cancellation postmarked between 15-29 days before departure \$1350 is non-refundable; & under fifteen days from departure there is no refund. We strongly recommend travel insurance, which enables you to recover all deposits if you need to cancel the trip due to illness or death. Please contact us if you want details on this insurance. No partial refunds will be given under any circumstances for unused hotel rooms, meals, or sightseeing trips.

**Flights & Travel Arrangements**

Well Within is a travel agency & all flights & travel arrangements can be made with us. We have access to non-published discount fares to Ireland from most locations

**If you choose to do flights on your own, you must check with us regarding the arrival time at Shannon airport & departure time at Dublin airport before you book flights**

**To Register**

**EMAIL OR PHONE AND LEAVE MESSAGE that you are registering for the tour AND scan & send the form to me - as an attachment in email**  
**Mailing address: email me for mailing address to use in case I am traveling**

Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 City/State \_\_\_\_\_ Zip \_\_\_\_\_  
 Day Phone \_\_\_\_\_ Evening Phone \_\_\_\_\_  
 Email Address if you have \_\_\_\_\_

**Payment by (circle one):**

**Paypal** - paypal payments at <http://www.paypal.com>  
 my account is [earthmysteriestours@gmail.com](mailto:earthmysteriestours@gmail.com)

**Credit cards:** Can take credit cards through paypal - if you don't have a paypal account to do this, email me and I will help with this

**Check or Money Order**

**Total Enclosed Today \_\_\_\_\_ Deposit of \$650.00 to hold space**

**Type of Room desired throughout Tour**

- Double room with twin beds       Double room with 1 double bed to share  
 Single - single rooms are usually limited in number & sometimes smaller  
 Would you like us to match you with a roommate if possible? \_\_\_\_\_

**I would like to register for this tour: \_\_\_\_\_**

**Send deposit of \$650 USD**

**\*\* Save \$100 off final price if balances paid by cashiers check and not credit card (deposit can be by credit card)**

**Regular price\*, excluding airfare, if payment by credit card or paypal \***  
 (all prices in USD\$)

- \$3695 USD per person twin/triple occupancy if deposit received by February 12, 2017
- \$3795 USD per person twin/triple occupancy if deposit received after 02/12/2017
- Single supplement \$500 if you desire a single room - limited in number

**I have read, understand & accept the Tour Conditions, Section A: Responsibility & the Cancellation & Refund Policy.**

(Signature) \_\_\_\_\_

**A. Responsibility:** Well Within, with its principal place of business in Nevada City, CA acts only as agent for the tour operator, the various hotels, airlines, bus companies, railroads, ship lines (called Travel Suppliers) providing accommodations, transportation or other services described in this brochure, and the acceptance of tour membership and/or such coupons, exchange orders, receipts, contracts, and tickets, the tour member agree to the foregoing and that;

Neither Well Within or any of its agents or employees shall be liable for any delay, change in schedule, loss, damage or injury to property or persons caused by reason of the negligence wrongful or intentional acts or defects of equipment of any such travel supplier; for any expense or inconvenience caused by late arrivals of any such conveyances of such travel suppliers or any changes of schedules, conveyances or accommodations determined by any tour operator, or for any cancellation or disruption of any such services provided by any such travel suppliers; or for any failure on the part of any such tour operator or travel supplier to perform by reason of financial difficulty or default, suspension of operation, or other reason; or for any refunds for travel accommodations not provided by any such tour operator or travel supplier in excess of amounts actually received by way of refund from any such tour operator or travel supplier, or not paid over by Well Within to any such tour operator or travel supplier.

Neither Well Within or any of its Associates, agents or employees shall be financially responsible to any tour member in the event of cancellation of all or part of any tour due to acts of nature, governmental actions, civil unrest or hostilities, or acts of terrorism, or for the default of any tour operator or travel supplier, or for any reason beyond the control of Well Within.

Well Within shall have the right to decline to accept or to retain any person as a tour member should such tour member's health, mental condition, physical infirmity, or general deportment impede the operation of the tour or the rights, welfare, or enjoyment of other tour members; the tour operator shall have the right to substitute hotel or alter itineraries, and Well Within shall have the right to cancel any tour prior to departure or to increase the prices where the costs shall rise. **Price based on the exchange rate of 1.00- \$1.60 USD per 1 Euro. If the dollar falls in value before the trip, the price may have to be adjusted slightly upward..** Well Within recommends the purchase by each tour member of appropriate travel accident insurance, baggage insurance, tour operator/carrier default protection insurance, and trip cancellation insurance, and has explanatory information and policies available for any tour member desiring such coverage.