Celebrating 36 years! Well Within's Earth Mysteries & Sacred Site Tours presents....

Incredible Greece!!

Athens, Delphi, Mycenae, Epidauros, Napflion & Beautiful Island of Santorini



Explore the Gods & Goddesses Within May 24 - June 5, 2018 (12 nights)





Well Within's Earth Mysteries & Sacred Sites Tours

Experience incredible journeys to ancient & sacred sites throughout the world. Well Within's Earth Mysteries & Sacred Sites tours to mysterious & sacred sites are special in that you experience the power & energy of the sites. These are not just the normal sightseeing tours. They are experiences to remember for a lifetime. The tours are specially designed with expert guidance and time to experience each place. Well Within, since 1982, has sponsored & conducted nearly 100 exciting workshops, conferences, weekend retreats in holistic health & metaphysical concepts & well over 100 incredible international tours to these mysterious & sacred sites as well as alternative healling centers. Well Within has conducted the above in California, Colorado, Hawaii, England, Scotland, Wales, Ireland, Switzerland, Germany, France, Greece, Norway, Sweden, Egypt & Bali.

Sheri Nakken, R.N., M.A., is Director & Creator of Well Within & Earth Mysteries & Sacred Site Tours. She has a great passion for mythology, legend, ancient practices & ancient sites where clues are found as to why we are here on this planet & other realms that are present to assist us. By visiting these incredible sites, ancient memories and teachings can be tapped into consciously and unconsciously to assist us on our journey. Through these studies as well as alternative healing therapies & metaphysics, healing can occur for person & planet. Magical things happen when we all come together in these incredible places.

Sheri Nakken, former R.N., MA, Director/Creator, Well Within & Earth Mysteries & Sacred Site Tours email me before mailing anything to me as I am traveling at present phone 360-390-4343

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Website http://earthmysteriestours.wordpress.com
Conducting Conferences & Workshops throughout the world since 1982
(All tours personally led by Sheri)



Incredible Greece!!!

Athens

- * Magificent Acropolis with Parthenon, temple to Athena, Erectheum, Temple of Athena Nike & Museum. Wonderful site overlooking Athens sacred to the Athenians & home to the patron goddess, Athena.
- * Incredible National Museum
- * Wonderful Plaka with its shops, tavernas, music & mazelike streets

Delphi

* Temples of Apollo & Athena in the mountains

Harbor town of Napflion

Mycenae - Visiting the ruins with palace & burial tombs & incredible Tomb of Atreus

Epidaurus with its ancient, celebrated amphitheatre, home of Asclepius, the god of healing

Eleusis - site of Eleusinian Mystery School & veneration of Demeter & Persephone



Santorini Island

- * Magnificent Greek island famous for its high white cliffs
 - * White-washed, maze-like streets in villages
 - * Beautiful black-sand beaches
 - * Great food & shopping
 - * Akrotiri ancient Minoan City ar archaeological site unearthed from being buried under lava
- * Beautiful village of Oia and great sunsets

Workshops in (all workshops are optional):

Mythology & Psychology: Exploring the Goddesses/Gods Within Ancient Sites & Their Myths History's mysteries

Tentative Itinerary Workshops will be taught throughout the trip and the various locations

Day 1 - 4 Arrive Athens. Overnight near the wonderful Plaka area. The Plaka area stretches from Syntagma Square to the base of the Acropolis and was settled in the 19th and early 20th centuries by wealthy merchants. Tavernas also sprang up. In the 1960's this area deteriorated but in the last few years the government and private citizens renovated and restored the area into a wonderful neighborhood with narrow, mazelike streets, tavernas & shops. Sightseeing over next 3 days - Acropolis with Parthenon & other temples; Flea Market; & National Archaeological Museum (containing one of the most exciting collections of antiquities in the world). Main gods & goddesses to be explored here - Athena, Zeus, & Haphaestus.

Day 4 Drive to magnificent Delphi in the mountains - Famous for the Oracle of Delphi. Located about one hundred miles northwest of Athens is the ancient site of the panhellenic sanctuary of Delphi. The complex of buildings, which includes the Temple of Apollo where sat the famous oracle, The sacred Corycian Cave, and the Castalian Spring, is nestled in the forested slopes and rocky crags on the south side of the sacred mountain (cf. Mountains and the Sacred) called Parnassus. The site had been sacred since at least the Bronze Age. According to legend, the shrine was originally guarded by the she-dragon Pytho. She was killed by Apollo who then took over the oracle. In antiquity, Delphi was regarded as the centre of the world. (from this site). 2 nights here.

Day 5 Visit the Ancient Temples of Apollo & Athena, amphitheatre & gymnasium. Gods & goddesses to be explored here - Apollo, Athena, Gaia & Python

Day 6 - 9 Today we will drive west & then south, over the Gulf of Corinth by bridge, to the Peloponneses (island south of mainland of Greece) to Napflion area & stay nearby, on the beach in Tolo for a change of pace. While here we will visit Napflion - a city of Venetian fortresses with an ancient harbor, harbor walk, restaurants, cafes and serenity.

We also will visiit Mycenae, written of by Homer, with its magnificent archaeological site (dating back to 16th century B.C.) containing tombs, palaces, aqueducts, and the famous Lions Gate. Myth



from this area is of Agamemnon & Orestes.



Also explore Epidaurus, home of Asclepius, god of healing & famous for its incredible amphitheatre. It was the health spa and religious center of its time and maintained a bath, hotels and dwellings for the

priest-physicians as well as a tholos building, temples, stoas, gymnasium, palaestra, stadium and a theater. The theater is one of the best preserved ancient structures in Greece and is now used for modern presentations of ancient Greek drama. The Asklepieia (athletic and dramatic festival) was held every 4 years. Epidauros is claimed as the birthplace of Asklepios and it was the most celebrated center of his cult. Gods & Goddesses to be explored here - Aphrodite, Hera, Asclepius, Chiron. Also time to explore Napflion & nearby beaches.

Day 9 Drive to Athens airport - Visit Eleusis on the way - ancient site of Eleusinian Mystery School, a sanctuary of the goddess Demeter. The Eleusinian Mysteries were



performed here 3,000 years ago to honor Demeter, goddess of the harvest, whose daughter Persephone had come back from the Underworld at this site. Goddesses to be explored here - Demeter& Persephone.

Late afternoon flight to

Santorini (or early the next morning if can't make connections that afternoon, coming from Napflion area). Overnight for the next 3 nights here (or 2 if we stay in Athens on last night of main tour).

Santorini is known as one of the most beautiful islands in the world famous for its imposing landscape; the volcanic cliffs & the magnificent caldera with its impressionistic contrast of colours; the beautiful black sand beaches; the incredible white-washed houses, breathtaking sunsets, deep blue sea, & so much more. The light is magnificent here. The eruption of Santorini in Greece in 1,650 B.C. was one of the largest in the last 10,000 years



Day 10 Sightseeing around Santorini to Akroteri, ancient Minoan Village excavated from under the volcano ash - destroyed in approximately 1500 BC after earthquake & volcano. Akroteri, a Minoan city on the south part of Thera, is being excavated. About 3-6



feet (1-2 m) of ash fell on the city which had a population of about 30,000. The residents appear to have been successfully evacuated prior to the eruption. No bodies have been found in the ash like those at Vesuvius. Time here for swimming; shopping; relaxing.

Day 11 - more of the above

Day 12 Fights back to Athens for flight home on **Day 13** (overnight near the airport).

Greece Tour Conditions

I. Price of Tour: All prices in US dollars. \$750 deposit secures space. See registration form for costs of tour. (These costs are based on the exchange rate of 1 - 1.5 Dollars per 1 Euro. If the US dollar falls in value (Goes above \$1.5 to buy 1 Euro) before the trip, the price may have to be adjusted slightly upward)

II. Included: 12` nights accommodations twin/triple room tourist-class hotel (Category C or higher); breakfast daily, transportation once you've arrived at hotel in Athens; admission to sites listed.

III. Not Included: Airfare to & from Greece or to/from Santorini; transportation from Athens airport, passport fees, lunches, dinners, personal items.

IV. Deposit & Payments: \$750 deposit secures space.

1/2 of balance of payment due 3 months before trip and remaining 1/2 of balance (full payment) due 45 days before tour. Total \$150 late payment fee added if payments not made by above deadlines (\$75 for each payment not met).

Lots of wonderful shopping everywhere, too. There will be a nice balance of workshops, free-time & sight-seeing. The weather in spring or fall is the best - warm but without the oppressive heat and large crowds of tourists common in summer. The water can be warm this time of year for swimming.

Throughout the tour we will explore the ancient mythology of the gods and goddesses in each area we visit. In Jungian psychology, the gods & goddesses have great significance in our emotional, psychological & physical lives as archetypes (inner patterns) in each us. An understanding of these inner patterns & their interrelationships can bring self-understanding, wholeness & healing.



the form to me - email me for fax number to use as I am traveling currently or can scan the registration form and send to me as an attachment in email Mailing address: email me for mailing address to use while I am traveling Address_____ City/State____ Day Phone _____ Evening Phone _____ Email Address if have____ If you are a nurse desiring credit (circle one) RN LVN License # _____ Payment by (circle one): Paypal - paypal payments at http://www.paypal.com my account is homeopathycuresyou@gmail.com Credit cards: Can take credit cards through paypal - if you don't have a paypal account to do this, email me Check or Money Order Total Enclosed Today __ Type of Room desired throughout Tour (circle one) Double room with twin beds Double room with 1 double bed to share (if possible) Single - note single rooms are sometimes significantly smaller than doubles. I highly recommend if you are used to living alone. ALL PRICES ARE IN US DOLLARS Greek Tour - \$750 USD deposit List the tour date that you are registering for _____ TAKE extra \$100 off price of main tour if balance of payments made by cashier check (deposit can be by credit card or paypal) Price if pyament by credit card or paypal excluding airfare \$3195 per person twin/triple occupancy if \$750 deposit received by Oct. 15, 2017 \$3295 per person twin/triple occupancy if \$750 deposit received after 10/15/2017 ☐ Single supplement - \$525 if you desire single room I have read, understand & accept the Tour Conditions, Section A: Responsibility & the Cancellation & Refund Policy.

To Register
EMAIL OR PHONE AND LEAVE MESSAGE that you are registering for the tour AND fax

Who Are These Tours Designed For?

These tours are designed for women as well as men; young or not so young; people interested in the mystery and sacredness of life, with a desire to know and understand more of where we've come from to assist us in where we are going and making a difference on the planet. If you have a curiosity about mythology, sacred sites, other cultures, and a sense of adventure and want to travel with like-minded people in small intimate groups with a nice balance of workshop time, site time as well as free, independent time, these tours are designed for you. They are not your ordinary, large group tours, being herded into buses with little time to experience the energy of the site. We allow special extra time at sacred sites and there is always the option of being with the group or being on your own. Also, meals are usually not included, except breakfasts, to afford you the opportunity to explore on your own at meal time or eat with the group.

We want your tour to be a trip of a lifetime, a transformative adventure.

Flights & Travel Arrangements

Well Within is a travel agency & all flights and travel arrangements can be made with us. We have access to non-published discount fares to Greece from most locations in the World

If you make your own flight arrangements MUST check with me first about arrival time & departure times. Also need assistance with interisland flights.

Continuing Education Credit for Nurses

CEU's: If you are a nurse attending these tours, Provider approved by the California Board of Registered Nursing, BRN Provider #04327. Greece Tour provides 20 – 43 continuing education contact hours; BRN approval extends only to continuing education courses & doesn't include approval of tour arrangements.

A. Responsibility: Well Within, with its principal place of business in Utah acts only as agent for the tour operator, the various hotels, airlines, bus companies, railroads, ship lines (called Travel Suppliers) providing acccommodations, transportation or other services described in this brochure, and the acceptance of tour membership and/or such coupons, exchange orders, receipts, contracts, and tickets, the tour member agree to the foregoing and that;

Neither Well Within or any of its agents or employees shall be liable for any delay, change in schedule, loss, damage or injury to property or persons caused by reason of the negligence wrongful or intentional acts or defects of equipment of any such travel supplier; for any expense or inconvenience caused by late arrivals of any such conveyances of such travel suppliers or any changes of schedules, conveyances or accommodations determined by any tour operator, or for any cancellation or disruption of any such services provided by any such travel suppliers; or for any failure on the part of any such tour operator or travel supplier to perform by reason of financial difficulty or default, suspension of operation, or other reason; or for any refunds for travel accommodations not provided by any such tour operator or travel supplier in excess of amounts actually received by way of refund from any such tour operator or travel supplier, or not paid over by Well Within to any such tour operator or travel supplier.

Neither Well Within or any of its Associates, agents or employees shall be financially responsible to any tour member in the event of cancellation of all or part of any tour due to acts of nature, governmental actions, civil unrest or hostilities, or acts of terrorism, or for the default of any tour operator or travel supplier, or for any reason beyond the control of Well Within.

Well Within shall have the right to decline to accept or to retain any person as a tour member should such tour member's health, mental condition, physical infirmity, or general deportment impede the operation of the tour or the rights, welfare, or enjoyment of other tour members; the tour operator shall have the right to substitute hotel or alter itineraries, and Well Within shall have the right to cancel any tour prior to departure or to increase the prices where the costs shall rise. The Greece tour is based on the exchange rate of \$1 - \$1.50 per Euro. If the dollar falls in value before the trip, the price may have to be adjusted slightly upward.

Well Within recommends the purchase by each tour member of appropriate travel accident insurance, baggage insurance, tour operator/carrier default protection insurance, and trip cancellation insurance, and has explanatory information and policies available for any tour member desiring such coverage. The airlines or transportation companies concerned are not to be held responsible for any acts, omissions, or events during the time passengers are not on board their planes or conveyances. The passenger contract in use by the carriers concerned, when issued, shall constitute the sole contract between the airlines or transportation companies and the purchase of this tour and/or passengers.

Cancellation & Refund Policy

Refunds minus \$200 fee will be made if cancellation is postmarked by 120 days prior to departure. If cancellation postmarked between 60-119 days prior to departure \$700 is non-refundable. If cancellation postmarked between 30-59 days prior to departure, \$800 is non-refundable. If cancellation postmarked between 15-29 days before departure \$1000 is non-refundable; and under fifteen days from departure there is no refund. We strongly recommend travel insurance, which enables you to recover all deposits if you need to cancel the trip due to illness or death. Please contact us if you want details on this insurance. No partial refunds will be given under any circumstances for unused hotel rooms, meals, or sightseeing trips.