

Celebrating 38 years! Well Within's Earth Mysteries & Sacred Site Tours presents...

Incredible Greece!!

Athens, Delphi, Mycenae, Epidaurus, Napflion &
Beautiful Island of Santorini

May 7 - 19, 2020 (12 nights)



- * **Delphi**
 - * Temples of Apollo & Athena in the mountains
 - * Archaeological Museum
 - * Lovely village and view from the mountains to the sea



- * **Harbor town of Napflion** with walks, shopping & interesting architecture
- * **Mycenae** - Visiting the ruins with palace & burial tombs & incredible Tomb of Atreus
- * **Epidaurus** with its ancient, celebrated amphitheatre, home of Asclepius, the god of healing
- * **Accommodations right on the sea at Tolo**

- * **Santorini island**
 - * Magnificent Greek island famous for its high white cliffs
 - * Beautiful black-sand beaches
 - * White-washed, maze-like streets in villages
 - * Akrotiri - ancient Minoan City archaeological site unearthed from being buried under lava (if open)
 - * Beautiful village of Oia and great sunsets
 - * Great food
 - * Accommodations right on the cliffs overlooking the beautiful caldera (see photo to the right)



- * **Workshops in** (all workshops are optional):

The Sacred Landscape - exploring the leylines & sacred geography of the ancient Greeks
History's Mysteries *Ancient Sites & Their Myths*
Mythology & Psychology: Exploring the Goddesses/Gods Within

Sheri Nakken, R.N., MA, Homeopath, Director/Creator
Well Within/Earth Mysteries & Sacred Site Tours

(email for address to use as I am often traveling) Phone (360) 390-4343 (although email better to reach me)

Fax - email me for fax number to use (I am often traveling)

Email earthmysteriestours@gmail.com Website <http://earthmysteriestours.wordpress.com>

California BRN Provider #04327

Conducting Conferences & Workshops throughout the world since 1982 (All tours personally led by Sheri)

There will be a nice balance of workshops, free-time & sight-seeing. The weather in spring or fall is the best - warm but without the oppressive heat and large crowds of tourists common in summer. Also lots of wild flowers in spring.

Throughout the tour we will explore the ancient mythology of the gods and goddesses in each area we visit. In Jungian psychology, the gods & goddesses have great significance in our emotional, psychological & physical lives as archetypes (inner patterns) in each us. An understanding of these inner patterns & their interrelationships can bring self-understanding, wholeness & healing.



***Tentative Itinerary
Workshops will be
taught throughout the
trip and the various
locations***

Day 1 - 3 Arrive Athens Airport - Drive to magnificent Delphi in the mountains - Famous for the Oracle of Delphi. Located about one

hundred miles northwest of Athens is the ancient site of the panhellenic sanctuary of Delphi. The complex of buildings, which includes the Temple of Apollo where sat the famous oracle, The sacred Corycian Cave, and the Castalian Spring, is nestled in the forested slopes and rocky crags on the south side of the sacred mountain (cf. Mountains and the Sacred) called Parnassus. The site had been sacred since at least the Bronze Age. According to legend, the shrine was originally guarded by the she-dragon Pytho. She was killed by Apollo who then took over the oracle. In antiquity, Delphi was regarded as the centre of the world. (from this site). Visit the Ancient Temples of Apollo & Athena, amphitheatre & gymnasium. Gods & goddesses to be explored here - Apollo, Athena, Gaia & Python 2 nights here.



Day 3 - This afternoon, we will drive west & then south, over the new bridge over the Gulf of Corinth, to the Peloponneses (island south of mainland of Greece) to Napflion area & stay nearby, on the beach in Tolo for a change of pace.

visit Napflion - a city of Venetian fortresses with an ancient harbor, harbor walk, restaurants, cafes and serenity.

We also will visit Mycenae, written of by Homer, with its magnificent archaeological site (dating back to 16th century B.C.) containing tombs, palaces, aqueducts, and the famous Lions Gate.

While here, we also will explore Epidaurus, home of Asclepius, god of healing & famous for its incredible amphitheatre. It was the health spa and religious center of its time and maintained a bath, hotels and dwellings for the priest-physicians as well as a temples, gymnasium, stadium and a theater. The theater is one of the best preserved ancient structures in Greece & is now used for modern presentations of ancient Greek drama. The Asklepieia (athletic and dramatic festival) was held every 4 years. Epidaurus is claimed as the birthplace of Asklepios. Gods & Goddesses to be explored here - Aphrodite, Hera, Asclepius, Chiron.



We also will have free time for the beach in Tolo and also optional boat trip (extra) to nearby Hydra & Spetses Islands (day trip).



Day 8 - Travel north, back to Athens, viewing the Corinthian Canal along the way Afternoon flights to Santorini. Overnight for the next 4 nights

Day 9 - Santorini is known as one of the most beautiful islands in the world famous for its imposing landscape; the volcanic cliffs & the magnifi-

cent caldera with its impressionistic contrast of colours; the beautiful black sand beaches; the incredible white-washed houses, breathtaking sunsets, deep blue sea, & so much more. The light is magnificent here. The eruption

of Santorini in Greece in 1,650 B.C. was one of the largest in the last 10,000 years Sightseeing around Santorini to Akroteri (if open), ancient Minoan Village excavated from under the volcano ash - destroyed in approximately 1500 BC after earthquake & volcano. Akroteri, a Minoan city on the south part of Thera, is being excavated. About 3-6 feet (1-2 m) of ash fell on the city which had a population of about 30,000. The residents appear to have been successfully evacuated prior to the eruption. No bodies have been found in the ash like those at Vesuvius. Time here for swimming; shopping & sightseeing.



Day 10 & 11 - more of the above
Day 12 - Flights back to Athens airport, for overnight
Day 13 - Flights home, or staying longer on your own.

Greece Tour Conditions

I. Price of Tour: All prices in US dollars. \$750 deposit secures space. See registration form for costs of tour. The \$750 deposit

is the same whether by check or credit card. (These costs are based on the exchange rate of 1.00 - \$1.50 Dollars per 1 Euro. If the US dollar falls in value (Goes above \$1.50 to buy 1 Euro) before the trip, the price may have to be adjusted slightly upward)

II. Included: 12 nights accommodations twin/triple room tourist-class hotel (Category C or higher); breakfast daily, transportation once you've arrived at Athens airport; admission to sites listed; drop off Athens airport at end.

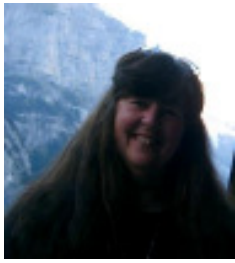
III. Not Included: Airfare to & from Greece; airfare to and from Santorini; passport fees, lunches, dinners, personal items.

IV. Deposit & Payments: \$750 deposit secures space.

1/2 of balance of payment due 90 days before trip and remaining 1/2 of balance (full payment) due 60 days before tour. Total \$150 late payment fee added if payments not made by above deadlines (\$75 for each payment not met).

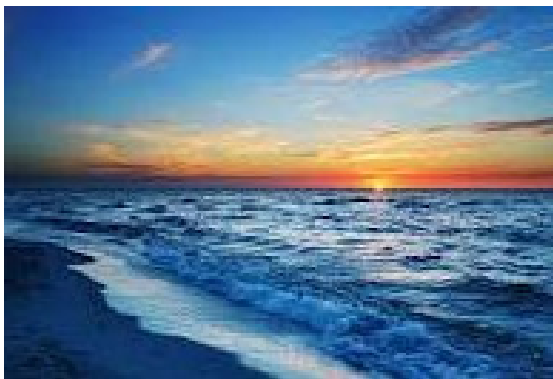


*Well Within's Earth Mysteries & Sacred Sites Tours -
Celebrate 38 years with us in 2020!*



Experience incredible journeys to ancient & sacred sites throughout the world. Well Within's Earth Mysteries & Sacred Sites tours to mysterious & sacred sites are special in that you experience the power & energy of the sites. These are not just the normal sightseeing tours. They are experiences to remember for a lifetime. The tours are specially designed with expert guidance and time to experience each place. Well Within, since 1982, has sponsored & conducted over 100 exciting workshops, conferences, weekend retreats in holistic health & metaphysical concepts & well over 100 incredible international tours to these mysterious & sacred sites as well as alternative healing centers. Well Within has conducted the above in California, Colorado, Hawaii, England, Scotland, Wales, Ireland, Switzerland, Germany, France, Greece, Norway, Sweden, Egypt & Bali.

Sheri Nakken, former R.N., M.A., Homeopath., is Director & Creator of Well Within & Earth Mysteries & Sacred Site Tours. She has a great passion for mythology, legend, ancient practices & ancient sites where clues are found as to why we are here on this planet & other realms that are present to assist us. By visiting these incredible sites, ancient memories and teachings can be tapped into consciously and unconsciously to assist us on our journey. Through these studies as well as alternative healing therapies & metaphysics, healing can occur for person & planet. Magical things happen when we all come together in these incredible places. healing can occur for person & planet. Magical things happen when we all come together in these incredible places.



Santorini



Hydra



Napflion



Corinthian Canal

Workshop Descriptions - Main Tour
(all workshops included but optional)

Mythology & Psychology: Exploring the Goddesses & Gods Within - Explore the Greek & Pre-Greek myths & see how they work on a psychological & personal level in our lives & health.

Ancient Sites & Their Myths - we will explore the above as well as the myths related to each of the ancient sites, including leyline information and sacred geography of the Greeks

History's Mysteries - many of the areas have explanations that are given to us, but many may not be what they seem and we will explore other possibilities for the sites.

Optional Home Study Course - "Women As Healers: Past, Present & Future" - additional information to that taught in course during tour. (23 Extra Contact Hours)



Santorini Restaurants



To Register

EMAIL OR PHONE AND LEAVE MESSAGE that you are registering for the tour AND scan the registration form and send to me as an attachment in email or mail to me
Mailing address: email me for mailing address to use while I am traveling

Name _____

Address _____

City/State _____ Zip _____

Day Phone _____ Evening Phone _____

Email Address if have _____

If you are a nurse desiring credit (circle one) RN LVN License # _____

Payment by (circle one):

Paypal - paypal payments at <http://www.paypal.com>
my account is wellwithinclasses@gmail.com (will send link)

Credit cards: Can take credit cards through paypal - if you don't have a paypal account to do this, email me and I will help with this

Check or Money Order

Total Enclosed Today _____ Deposit of \$750.00 to hold space

Type of Room desired throughout Tour (circle one)

Double room with twin beds Double room with 1 double bed to share (if possible)

Single - note single rooms are sometimes significantly smaller than doubles.

I highly recommend if you are used to living alone.

ALL PRICES ARE IN US DOLLARS

Greece Tour - \$750 USD deposit

TAKE extra \$100 off price of main tour if balance of payments made by cashier check (deposit can be by credit card)

Price if payment by credit card or paypal excluding airfare to/from Greece and Santorini)

- \$3195 per person twin/triple occupancy if \$650 deposit received by Dec. 15, 2019
- \$3295 per person twin/triple occupancy if \$650 deposit received after Dec. 15, 2019
- Single supplement - \$500 if you desire single room

I have read, understand & accept the Tour Conditions, Section A: Responsibility & the Cancellation & Refund Policy.

(Signature) _____

A. Responsibility: Well Within, with its principal place of business in Nevada City, CA acts only as agent for the tour operator, the various hotels, airlines, bus companies, railroads, ship lines (called Travel Suppliers) providing accommodations, transportation or other services described in this brochure, and the acceptance of tour membership and/or such coupons, exchange orders, receipts, contracts, and tickets, the tour member agree to the foregoing and that;

Neither Well Within or any of its agents or employees shall be liable for any delay, change in schedule, loss, damage or injury to property or persons caused by reason of the negligence wrongful or intentional acts or defects of equipment of any such travel supplier; for any expense or inconvenience caused by late arrivals of any such conveyances of such travel suppliers or any changes of schedules, conveyances or accommodations determined by any tour operator, or for any cancellation or disruption of any such services provided by any such travel suppliers; or for any failure on the part of any such tour operator or travel supplier to perform by reason of financial difficulty or default, suspension of operation, or other reason; or for any refunds for travel accommodations not provided by any such tour operator or travel supplier in excess of amounts actually received by way of refund from any such tour operator or travel supplier, or not paid over by Well Within to any such tour operator or travel supplier.

Neither Well Within or any of its Associates, agents or employees shall be financially responsible to any tour member in the event of cancellation of all or part of any tour due to acts of nature, governmental actions, civil unrest or hostilities, or acts of terrorism, or for the default of any tour operator or travel supplier, or for any reason beyond the control of Well Within.

Well Within shall have the right to decline to accept or to retain any person as a tour member should such tour member's health, mental condition, physical infirmity, or general deportment impede the operation of the tour or the rights, welfare, or enjoyment of other tour members; the tour operator shall have the right to substitute hotel or alter itineraries, and Well Within shall have the right to cancel any tour prior to departure or to increase the prices where the costs shall rise. The Greece tour is based on the exchange rate of 1.00 - 1.50 per Euro. If the dollar falls in value before the trip, the price may have to be adjusted slightly upward.

Well Within recommends the purchase by each tour member of appropriate travel accident insurance, baggage insurance, tour operator/carrier default protection insurance, and trip cancellation insurance, and has explanatory information and policies available for any tour member desiring such coverage. The airlines or transportation companies concerned are not to be held responsible for any acts, omissions, or events during the time passengers are not on board their planes or conveyances. The passenger contract in use by the carriers concerned, when issued, shall constitute the sole contract between the airlines or transportation companies and the purchase of this tour and/or passengers.

Who Are These Tours Designed For?

These tours are designed for women as well as men; young or not so young; people interested in the mystery and sacredness of life, with a desire to know and understand more of where we've come from to assist us in where we are going and making a difference on the planet. If you have a curiosity about mythology, sacred sites, other cultures, and a sense of adventure and want to travel with like-minded people in small intimate groups with a nice balance of workshop time, site time as well as free, independent time, these tours are designed for you. They are not your ordinary, large group tours, being herded into buses with little time to experience the energy of the site. We allow special extra time at sacred sites and there is always the option of being with the group or being on your own. Also, meals are usually not included, except breakfasts, to afford you the opportunity to explore on your own at meal time or eat with the group.

We want your tour to be a trip of a lifetime, a transformative adventure.

Flights & Travel Arrangements

Well Within is a travel agency & all flights and travel arrangements can be made with us. We have access to non-published discount fares to Greece from most locations in the World

If you make your own flight arrangements MUST check with me first about arrival time & departure times. Also need assistance with interisland flights & timing.

Continuing Education Credit for Nurses

CEU's: If you are a nurse attending these tours, Provider approved by the California Board of Registered Nursing, BRN Provider #04327. Greece Tour provides 30 continuing education contact hours; BRN approval extends only to continuing education courses & doesn't include approval of tour arrangements.

Cancellation & Refund Policy

Refunds minus \$200 fee will be made if cancellation is postmarked by 120 days prior to departure. If cancellation postmarked between 90-119 days prior to departure \$700 is non-refundable. If cancellation postmarked between 60 - 90 days prior to departure, \$950 is non-refundable. If cancellation 30-59 days prior to departure, \$110 is non-refundable. If cancellation postmarked between 15-29 days before departure \$1300 is non-refundable; and under fifteen days from departure there is no refund. We strongly recommend travel insurance, which enables you to recover all deposits if you need to cancel the trip due to illness or death. Please contact us if you want details on this insurance. No partial refunds will be given under any circumstances for unused hotel rooms, meals, or sightseeing trips.