

Celebrating 31 years.....

Well Within's Earth Mysteries & Sacred Site Tours & Homestudy Courses 2013

*The US \$ is still fairly strong against the UK pound and in Euro countries & New Zealand
Tours for Everyone -- Tours are small intimate groups led personally by Director*

New Zealand

Greece

France: 3 different tours

Ireland - 2 different tours

England/Cornwall

England Crop Circles

Scotland

*Home Study & Online
Courses*



Incredible Greece including Island of Santorini

Greek History & History's Mysteries

Gods & Goddesses Within

April 11 - 23, 2013 (12 nights)

Journey through this incredible land of goddesses & gods, temples & mystery.
Springtime is one of the best months to travel in Greece -
comfortable weather and no crowds!

- * **Delphi** - Visit the impressive ancient ruins of the Temples of Apollo & Athena in the mountains.
A magnificent site.
Time for shopping in the village of Delphi with its incredible vistas down over the valley and the sea
- * **Harbor town of Nafplion** - Beautiful harbor town with old quarter, beautiful walks & vistas
- * **Mycenae** - with its ancient palace & burial tomb ruins - many of the gold pieces found here you will see in the National Museum in Athens
Also incredible tholos 'tombs' with unusual acoustic properties
- * **Epidauros** with its ancient, amphitheatre - the home of Asclepius & Hygieia, healing deities; Chiron - Incredible healing center of the past
- * **Optional day visit to islands in the area** (extra cost)
- * **Santorini**
 - * **Magnificent Greek island famous for its high white cliffs & magnificent volcano caldera**
 - * **Beautiful black-sand beaches**
 - * **White-washed, maze-like streets in villages**
 - * **Akrotiri - ancient Minoan City archaeological site unearthed from being buried under lava (if open)**
 - * **Beautiful village of Oia and great sunsets**
 - * **Great food**
 - * **Shopping & exploring**
 - * **Accommodations right on the cliffs overlooking the beautiful caldera**
(see photo to the right)
 - * **Great Greek food & music**
 - * **Time in Athens on your own before or after tour if you would like -**
extra cost - I can help with accommodations and details, if you would like
- * **Teachings in:** *Mythology & Psychology: Exploring the Goddesses/Gods Within*
The Sacred Landscape - exploring the leylines & sacred geography of the ancient Greeks
History's Mysteries *Ancient Sites & Their Myths*



Costs: Starting at \$3095 + airfare (twin/triple/double occupancy)
(price depends on when you register & how payment made)
Single supplement - \$500

Email/call for more detailed brochure



Well Within & Earth Mysteries & Sacred Site Tours

Phone 304-238-6612 (best to email as traveling a lot)

Email earthmysteriestours@gmail.com (best to email as traveling a lot)

Sheri Nakken, former R.N., MA, Director -- Conducting Conferences throughout the world since 1982

Provider Approved by the California Board of Registered Nursing, BRN Provider #04327

<http://earthmysteriestours.wordpress.com>



New Zealand the Magnificent

Aotearoa, Land of the long white cloud

South Island with optional extension to North Island

*Mountains, Glaciers, Fiords, Waterfalls, Lakes,
Beaches, Whales, Dolphins, Hot Springs, Geysers,
Geothermal Wonders, & Maori Culture*



South Island Tour - March 12 - 26, 2013 (14 nights)

optional extension to North Island Tour - March 26 - 31, 2013 (5 nights)

*(leave North America 2 days before tour starts to arrive on tour start date due to time difference)
(November weather in New Zealand similar to May weather in N. Hemisphere)*

Great exchange rate for US\$ in New Zealand (1 USD buys 1.22 NZD as of October 13)

South Island - incredible mountains, fiords, glaciers, waterfalls & more

- * **Fiordland National Park** - New Zealand's largest national park. Wildlife, waterfalls, unforested valleys, crystal clear lakes, & elegant mountains
- * **Milford Sound** - Truly breathtaking - has the title of "The Eighth Natural Wonder of the World".
- * **Te Anau glow-worm caves**
- * **Queenstown** - many outdoor activities and panoramic views of the Remarkables Mtn. Range
- * **Aoraki/Mt. Cook Village** perched below Aoraki/Mt. Cook, New Zealand's highest peak - beautiful walks & vistas
- * **Glaciers** - Fox & Franz Josef Glaciers - only glaciers in the world that descend into rainforest
- * **Rainforest, lagoons & long stretches of wilderness coast**
- * **Punakaiki pancake rocks and blowholes**
- * **Hanmar Springs Thermal Reserve** - extensive, pool complex
- * **Kaikoura** -
 - * Whale watching boat trip (all dependent on weather and whale presence)
 - * Swim with dolphins boat trip (dependent on weather and dolphin presence)
- * **Maori Tour** - Visit various local sites, storytelling, explanations of Maori ways & medicines, cultural differences & more
- * **Mountain Passes**
- * **Waterfalls**
- * **Nature Reserves**
- * **National Parks**
- * **Wonderful villages and shops**
- * **Maori legends as we travel**
- * **Sites from Lord of the Rings films**
- * **Options on your own (extra)** - Bungi Jumping, Jet-boat rides, scenic plane or helicopter flights, hang gliding, whitewater rafting, gondola rides, horse riding, and much more
- * **Lovely Accommodations in Motels, Hotels &/or B&B's in great settings**
- * **much more**



Optional Extension - North Island - Maori culture, hot springs, geysers, thermal areas, mud pools, water activities

- * **Rotorua - Spa City of the South Pacific & the heartland of New Zealand's Maori culture**
Rotorua is a smallish city on the shores of Lake Rotorua. The surrounding areas are a **geothermal wonderland** surrounded by volcanoes, lakes, & parks.
- * **Hot Springs**
- * **Geysers**
- * **Boiling Mud pools**
- * **Botanical Gardens**
- * **Wai-o-tapu - geothermal area**



- * **Whakarewarewa - The Living Thermal Village**
- * **Lake Taupo**
- * **Hidden Valley of Orakei Korako**
- * **Maori Culture** - The Maori are the indigenous people of New Zealand. .
 - * **Hangi** - Enjoy Maori kai (food) cooked on hot stones underground as part of a traditional hangi
 - * **Kapa Haka** - listen to kapa haka (traditional performances of song and dance)
- * **Waterfalls**



- * **Lovely Accommodations in Motels, Hotels, Cottages &/or B&B's in great settings**
- * **Spas (optional extra)**
- * **much more**

Costs: Starting at \$3695 + airfare South Island (twin/triple/double occupancy) (price depends on when you register); Single supplement - \$950.

Optional Extension 5 nights North Island -starting at \$1295 (twin/triple/double occupancy; Single supplement \$350.



Write or Call for more detailed brochure

Mystical France!

Ancient Sites of Brittany

Standing Stones & Ancient Sites

April 26 - May 3, 2013 (7 nights)

Optional Extension to Paris
on your own (I also an help with accommodations & details)



Ancient Sites of Brittany (7 nights)

Brittany

Incredible standing stone sites (circles, mounds, single stones, dolmens, engraved stones, ancient forest) - MANY many sites here

* **Carnac - Alignments du Menec** - Ancient site with more than 1000 standing stones, some over 10 ft tall, stretch in a line over 2 km. long

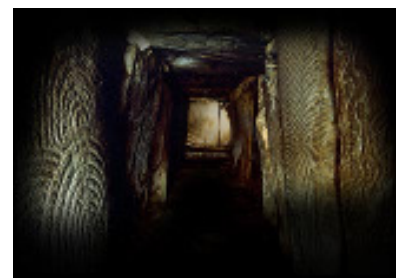
* **Locmariaquer Megalithic Group (Stone formations)**

* **Gavrinis ancient earth mound** - Tumulus on island in Gulf of Morbihan - best carvings in the Carnac/Locmariaquer area. 23 of the 29 upright passage and chamber stones are carved, as well as the chamber capstone. Most of the stones are decorated with swirls (look like fingerprints) and most have been smoothed before carved. Boat trip to island.

* **Circles of Er Lannic** - Island south of Gavr'Inis in Gulf of Morbihan - 2 tangential circles; 28 stones in north circle, 32 in south circle; stones 2-5 meters high. Half of north circle & all of south circle are submerged; evidence that sea level has risen and Gulf flooded since circles were built

* **Pierres Droits - Monteneuf Standing Stone Site**

* **Hotel on the Seafront in Quiberon**



Teachings on the Tour

Ancient Sites, Standing Stones, Leylines, Earth Mysteries, History's Mysteries

Costs: Main Tour - starting at \$2395 per person for main portion - twin/triple/double occupancy + airfare (depends on when you register); single supplement \$400.

Write/call for more detailed brochure





Mysteries of France!

*Cathar Country in the South of France -
Languedoc-Roussillon*

*Cathar Castles, Knights Templar, Holy Grail
Mystery, Black Madonna, Nature's Wonders, &
Rennes-le-Chateau Mystery*

May 27 - June 8, 2013 (12 nights)

- * Land of the Cathars - Languedoc - Land of Mystery
- * Cathars and Albigensians and the Inquisition
- * Incredible Cathar Castles high on rocky perches
 - * Montsegur Castle - ruined castle on 1000 foot crag - one of last strongholds of the Cathars
Speculation has continued as to whether Cathar treasure is hidden on the site!
 - * Chateau de Peyrepertuse - one of the least-ruined castles of the area built high on a rocky crest in the 12th-century
 - * Chateau de Puilaurens - another magnificent castle high on a peak (picture above)
- * Rennes-Le-Chateau in the eastern Pyrenees - a mysterious land - high on a hilltop above the Aude Valley
 - * The Church, Tower (Tour Magdala), Museum, Sauniere's Domain, the Grand Villa Bethania
 - * Buried Treasure? Supernatural Powers? Codes on Parchments and Ancient Tombstones?
 - * Clues concealed in statues & paintings, immense wealth, secret societies
- * Incredible Grotte de Niaux Cave - very special cave with ancient wall paintings dating from 12,000 BC - extensive galleries have been excavated in this network of caves halfway up a steep rocky hillside south of Tarascon-sur-Ariege - limited number of people allowed to visit - one of the few caves with paintings that you can visit
- * Villefranche-de-Conflent - wonderful medieval walled city in foot-hills of the Pyrenees
- * Black Madonna at Notre Dame des Marceille
- * Molitg-les-Bains - Hotel Grande Thermal - hotel & spa high in the Pyrenees in beautiful gorge near Prades
- * Winetasting along the way to include the Blanquette - sparkling white wine from around Limoux (like champagne) & Corbieres wines
- * Journey thru magnificent gorges, valleys & mountain passes * Gorge of Galamus * Gorge of St. Georges * more
- * The Pyrenees - mountain range that stretches for 270 miles from the Atlantic to the Mediterranean, separating France from Spain.
- * Other Towns & Villages
 - * Carcassonne - La Cite - incredible medieval walled city built on a high crag
 - * Basilique St-Nazaire - outstanding 14th- to 15th-century stained glass & 2 beautiful rose windows
 - * Chateau Comtal - 12th century chateau
 - * Alet les Bains - spa town in the Corbieres Hills on the River Aude with wonderful drinking water
 - * Collioure, gem of the Roussillon Coast - lovely village & charming port on the Mediterranean Sea
 - * Walking, swimming, sailing (extra cost), visiting local church with beautiful gold baroque altarpiece
 - * Foix - passing through this town and viewing Chateau des Comtes de Foix high on a rock - view from distance
- * Shopping in local villages and from local artists and markets
- * Special Teachings in:
 - * Mysteries of the Cathars, Knights Templar, Merovingians, Egyptian Connections, Priory of Sion & more & area
 - * Mysteries of Rennes-le-Chateau
 - * Magdalen Mystery, Black Madonnas & Bloodline of Christ/Sacred Feminine
 - * During the tour we will explore the history of each site



Chateau de Cavanac

* Accommodations (all tentative till registrations start coming in and the hotels are reserved)
We will stay at Chateau de Cavanac with magnificent buffet breakfasts; in a Spa Hotel in the Pyrenees;
1 night near Toulouse airport at the end. ALL accommodations depend on availability.

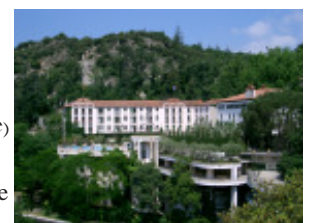
COSTS

Full tour Starting at \$3395 per person twin/triple/double occupancy (price depends on when you register) + airfare.
Single supplement \$995.00 (cost higher because hotel charges the same for the room whether single or double, in France)

Partial Tour Option

You can also only participate in the tour for the first 7 nights if you desire, staying overnight near Toulouse airport on the 7th night for trip home or elsewhere on Day 8. Starting at \$2895 per person twin/triple/double occupancy + airfare.
Single supplement \$450.00

Write or Call for more detailed brochure



Spa Hotel in the Pyrenees



Mary Magdalene in the South of France

May 12 - 24, 2013 (12 nights)

Provence - St. Maximin la Ste Baume & Saintes-Maries-de-la-Mer

Languedoc & Midi-Pyrenees - Carcassonne, Albi, Marceille, Mazamet, Lastours, Cave Paintings of Cave Pech Merle, Rocamadour

Mary Magdalene Sites, Black Madonnas, Gypsies & Sara Cave Paintings, Crypts, Cathedrals, Basilicas, Castles, Walled Cities, Picturesque Villages, Mountains, Rivers, the Mediterranean

- * Mary Magdalene - patron saint of Provence
- * St Maximin la Ste Baume in Provence (said to be final resting place of Mary Magdalene)
 - * St. Madeleine Basilica & Grotto of Marie Madeleine
- * Saintes-Maries-de-la-Mer (on the sea) in La Camargue in the west of Provence (alleged landing site of Mary Magdalene & venerated by Gypsies) - St. Sarah Crypt & Statue



- * Albi - nearby Notre Dame de la Dreche and Black Madonna and Roman Spring
- * Mazamet - Cathar Museum
- * Montagne Noire - The Black Mountains - beautiful landscapes and incredible boulder-strewn landscape of Sidobre
- * Lastours - 13th century towers associated with the Cathars,
- * Minerve - Lovely village associated with Cathars & a massacre of them in 1210



- * Carcassonne - - La Cite - incredible medieval walled city built on a high crag
 - * Basilique St-Nazaire - outstanding 14th- to 15th-century stained glass & 2 beautiful rose windows
 - * Chateau Comtal - 12th century chateau
 - * Wonderful walled city with shops and restaurants

* Rocamadour - the Black Madonna of Rocamadour - Rocamadour has a beautiful & dramatic setting on a cliff & is an important pilgrimage destination. Built on the site of a shrine to a Madonna, the shrine became famous for its healing powers, and soon became a stop on the pilgrimage path to Santiago de Compostela. Time to visit Chapelle Notre Dame (home to the Black Madonna and her ability to perform miracles), the Grand Escalier (200+ steps, once climbed by pilgrims on their knees), and L'Hospitalet, with its views of the old town



* Village of Saint-Cirq Lapopie - perched on a cliff 100 m (330 ft) above the river - one of the major beauty spots of the Lot valley. Many of the historic houses have stone or half-timbered fronts going back to the 13th-16th cent..



* Pech Merle Cave - some of the finest prehistoric cave paintings in South West France - Walls of 7 of the chambers at Pech Merle have fresh, life-like images of a woolly mammoth, spotted horses, solid colored horses, bovids, reindeer, handprints, and some humans. Footprints of children preserved in what was once clay are more than half a mile underground. The cave at Pech Merle is more than 1.5 miles long. The paintings cover 300m (984ft) of wall, with about 700 animals, symbols and anthropomorphic figures depicted.

- * Rennes-Le-Chateau in the eastern Pyrenees - a mysterious land - high on a hilltop above the Aude Valley
 - * The Church, Tower (Tour Magdala), Museum, Saunier's Domain, the Grand Villa Bethania
 - * Buried Treasure? Supernatural Powers? Codes on Parchments and Ancient Tombstones?
 - * Clues concealed in statues & paintings, immense wealth, secret societies

- * Black Madonna & Healing Well at Notre Dame des Marceille
- * Teachings in the Mary Magdalene Mysteries & the history of the area including the Black Madonna and Cathars

* Accommodations in Provence (tentative - depends on availability)

- * Hôtellerie Le Couvent Royal de Saint Maximin http://www.hotelfp-saintmaximin.com/index_gb.htm Originally a convent - rooms overlook the cloister and the convent garden. This hotel/former convent is attached to the Basilica with reputed remains of Mary Magdalene.
- * Accommodations near Carcassonne - Chateau de Cavanac with magnificent buffet breakfasts
- * Accommodations in other areas - to be determined



* Cost: Starting at \$3495 + airfare for twin/triple occupancy. Single supplement - \$795

Call/email for more detailed brochure



Mystical Ireland!

Tour A - Killarney, Beara Peninsula, Dingle, Doolin, Newgrange, Knowth, Loughcrew, & Tara Mythology, Ancient Sites, History & Mystery of Ireland - A Celtic Journey

June 29 - July 12, 2013 (13 nights)

- * Explore Celtic & Pre-Celtic Mythology/Legend/Mysteries in the land where it comes alive
- * Visit ancient sites - castles, earth mounds, abbeys, sacred wells, sacred tree groves & more
- * Magical Killarney - in her magnificent setting of lakes, mountains, waterfalls, castles, gardens
 - * Incredible horse cart journey thru the beautiful Gap of Dunloe through the mountains to include inspirational boat trip on the lakes of Killarney
 - * Muckross Gardens & Yew Tree Grove * Torc Waterfall * Muckross Friary
 - * Irish music in pubs * Wonderful shopping
- * Cork County area near to Killarney - Ballyvourney - St. Gobnait's Shrine & Well & Sheela na Gig - St Gobnait is the patron saint of beekeepers (Gobnait meaning "Honey Bee", which is the equivalent of the Hebrew "Deborah")
- * Beara Peninsula near to Killarney - Visit the peninsula of the Cailleach Beara (Hag of Beara) & Standing Stone Sites such as Derrintaggart West & Ardroom Stone Circle as well as lovely Kenmare Village for lunch and brief shopping.
- * Dingle Peninsula – Ancient beehive huts, Gallarus oratory, beaches & lovely seaport village



* County Clare

- * Doolin with pubs & traditional Irish Music
- * The Burren – magical lunar landscape with dolmen's & more
- * Aran Islands (tentative & optional, on your own, during free day in Doolin, extra cost, for July tour only)
- * Cliffs of Moher
- * Brigit's Well

* **Newgrange, one of the largest, most complete passage mound (more like Neolithic Cathedral!)** - built about 3200 BC. The kidney shaped mound covers an area of over one acre and is surrounded by 97 kerbstones, some of which are richly decorated with megalithic art. The passage and chamber of Newgrange are illuminated by the winter solstice sunrise. You will be able to enter this chamber and see some of the magnificent megalithic art.



* **Knowth (Cnoghba) (many ancient mounds & magnificently carved stones)** - While Newgrange is by far the most famous of the three Boyne Valley passage-tombs, Knowth is by far the most impressive in terms of megalithic art, scale and layered history. Knowth contains one quarter of all known megalithic art in Europe, has two passages, and a total of 18 smaller "satellite mounds"

* **Hill of Tara - sacred center of Ireland - mounds, myth, sacred well & magic** - The Hill of Tara, known as Temair in gaeilge, was once the ancient seat of power in Ireland – 142 kings are said to have reigned there in prehistoric and historic times. In ancient Irish religion and mythology Temair was the sacred place of dwelling for the gods, and was the entrance to the otherworld.

* **Loughcrew - Mounds, standing stones & carved stones high in magical hills - Magnificent!** Clusters of Megalithic Cairns are dotted around the Slieve na Caillaigh hills at Loughcrew, the main concentrations are on Carnbane East where Cairn T is the centrepiece. We will visit the interior of this mound with its beautifully carved symbols.

* **Wonderful food & music in Ireland** - Pubs, Guinness & Harp, incredible breakfasts, music as we travel, wonderful Irish brown bread

* Teachings in: * Celtic & Pre-Celtic Mythology, Teachings, & Mysteries

The Land & the People are One, Life is Cyclical, Tir na nog (the Otherworld), Gods/Goddesses, Sacred Kingship, Heroes, Sacred Wells, Sacred Festivals, Fairy Kingdom, Ancient Races, Druids & more

- * The Goddess Brigit
- * History's Mysteries in Ireland
- * Irish History
- * Are the Celts Egyptians? Connections of Ancient Ireland with Egypt?
- * Who Were the Druids? * Ireland & Atlantis?
- * New Research on Why Mounds Built



Price of Tour per person: Starting at \$3595 per person twin/triple/double occupancy (price depends on when you register) + airfare; Single supplement - \$500

Email /Call for more detailed brochure





Mystical Ireland!!

Tour B - Mythology, Ancient Sites, History & Mystery of Ireland Sligo, Donegal, Mayo, Connemara, Galway, Burren, Doolin

*June 14 - 26, 2013 (12 nights)
(Tour A is NOT required before Tour B)*

Beltany Stone Circle - Donegal County

- * Celtic & Pre-Celtic Teachings & Mysteries
- * History's Mysteries in Ireland
- * New findings about why standing & mound sites were built
- * Are the Celts Egyptians? Connections of Ancient Ireland with Egypt
- * Was Ireland Atlantis?

- * Sligo Area - Stay on the sea in the Village of Inishcrone SW of Sligo
 - * Beltany Stone Circle - one of the largest in Ireland
 - * Seaweed Baths - so nice!
 - * Carrowmore Megalithic Site
 - * Yeats Grave - Drumcliff Church
 - * The sea
 - * Queen Maeve's cairn
 - * Glencar Waterfall
 - * Donegal Town

- * Connemara
 - * The sea with beautiful beaches
 - * Rivers and streams, & mountains
 - * Very magical place
 - * Beautiful Kylemore Abbey & its lovely feminine gothic chapel

- * Galway Town - time for shopping and site seeing while in the town for the day

- * The Burren & Doolin - Fascinating mysterious lunar-like landscape with rare flowers, exotic plants, dolmens
 - * Poul nabrone Dolmen - ancient dolmen - table top supported on upright stones
 - * Doolin - great Irish music in the pubs, Brigit's Well, Cliffs of Moher

- * Great food, wonderful Irish brown bread, incredible breakfasts
- * Lovely accommodations in special settings - B&Bs, Guesthouses or Hotels



* Cost: Starting at \$3395.00 + airfare for twin/triple occupancy.
Single supplement - \$500

Call/email for more detailed brochure

Cliffs at Doolin

Well Within & Earth Mysteries & Sacred Site Tours

Celebrate 31 years of travel & retreats, with us in 2013! Experience incredible journeys to ancient & sacred sites throughout the world. Our tours to mysterious & sacred sites are special in that you experience the power & energy of the sites & nature & mystery of the area. These are not just the normal sightseeing tours. They are experiences to remember for a lifetime. The tours are specially designed with expert guidance and time to experience each place. Well Within, since 1982, has sponsored & conducted exciting workshops, conferences, & nearly 100 weekend retreats & conferences in holistic health & metaphysical concepts. Also, as Earth Mysteries & Sacred Site Tours, has conducted nearly 100 incredible international tours to mysterious & sacred sites in California, Colorado, Hawaii, England, Scotland, Cornwall, Wales, Ireland, Switzerland, Germany, France, Greece, Norway, Sweden, Egypt & Bali.

Sheri Nakken, former R.N., M.A., is Director & Creator of Well Within & Earth Mysteries & Sacred Site Tours. She has a great passion for mythology, legend, ancient practices, ancient sites, & history's mysteries, where clues are found as to why we are here on this planet & other realms that are present to assist us. By visiting these incredible sites, ancient memories and teachings can be tapped into consciously and unconsciously to assist us on our journey. What we can create together will be magnificent!



Mysterious England! 4 night tour

Crop Circles, Stonehenge, Avebury & Glastonbury

***Crop Circles, Earth Mysteries, Ancient Sites, Stonehenge,
Avebury, & Glastonbury***

***July 24 - 28, 2013 (4 night tour)
(usually some of the best formations are at this time)***

I am featured on THE TRAVEL CHANNEL in the US - Top Ten Places of Mystery (re-runs frequently)

*** Crop Circles - OUR TOUR has been featured on the Travel Channel program - Top Ten Places of Mystery - Crop Circle Segment**

We will find and visit as many as we can during this tour. I have been taking groups to and into crop formations in Britain for 10+ years now and know just the places where they often show up.

*** Stonehenge the magnificent** *(our groups are allowed inside before hours)*

*** Avebury** - one of the largest standing stone site complexes in Britain

*** Glastonbury - Legendary Avalon**
Strong in Celtic & Arthurian Legend
The Mystical Tor
Chalice Hill & Well - experience the *healing waters*
Glastonbury Abbey
Healing Centers & Metaphysical Shops

*** Earth Energies, Ley Lines, Stone Circles**



*** Special teachings as we travel (related to sites we visit):**

Sacred Sites & Their Hidden Teachings

History of Crop Circles & Possible Meanings

History's Mysteries

Earth Mysteries

We will be traveling through & staying in Wiltshire or Somerset, two of the most mysterious areas in Britain. We will stay in this area for 4 nights to experience earth mysteries & ancient sites. We will be staying in or near Amesbury & Stonehenge, or Avebury or Glastonbury, during this tour. We will fit as much as possible in this 4 day tour.

Costs: Starting at \$1195 twin/triple/double occupancy + airfare (price depends on when you register); Single supplement - \$200. Includes accommodations as registered for, breakfasts, transportation from & to Heathrow airport, entrance to sites listed, & workshops.



Chalice Well, Glastonbury

Email for detailed brochure



Avebury



Mysterious England & Cornwall!

July 30 - August 11, 2013 (12 nights)

*Earth Mysteries, Ancient Sites, Celtic Teachings
Glastonbury, Stonehenge, Avebury,
Tintagel & Ancient Sites of Penwith, Cornwall*

England

- * **Glastonbury** - Legendary Avalon
The Mystical Tor
Glastonbury Abbey
- * **Stonehenge the magnificent** *(our groups are usually allowed special access inside the circle before or after hours)*
- * **Avebury** - one of the largest standing stone site complexes in Britain
- * **Crop Circles** if present - I've been taking groups to and in crop formations since 1993 - they are impressive - time we are there this year might be after harvest so there are no formations, or harvest could still be ongoing (depends on the weather in 2013 prior to this time)

Strong in Celtic & Arthurian Legend
Chalice Hill & Well - experience the *healing waters*
Healing Centers & Metaphysical Shops



Cornwall

- * **Beautiful beaches & cliff walks**
- * **Tintagel** - high on cliffs above the sea - legendary birthplace of King Arthur - castle ruins above the sea, Merlin's Cave
- * **St. Ives**, the lovely seaside fishing & artists village
- * **Penzance** - with beautiful harbor walks
- * **Mousehole Village and Harbor**
- * **St. Michael's Mount** - Mysterious mount that rises 250 feet above the sea accessible by walking on causeway at low tide. **Also on a leyline - similar to Mont St-Michel in France**
- * **Ancient Sites** - Merry Maidens Stone Circle, Men An Tol holed stone, Boscawen-Un Stone circle, Lanyon Quoit, Holy Wells at Sancreed & Madron
- * **Wonderful restaurants and great fresh seafood & cream teas (tea, scones, jam & clotted cream)**



Special Teachings

*Celtic History, Practices & Teachings
Crop Circle Theories & Possibilities
Earth Energies, Ley Lines, Stone Circles*

*Sacred Sites & Their Hidden Teachings
Cornish & Celtic History
History's Mysteries*



Costs: Starting at \$3295 + airfare (twin/triple/double occupancy) (price depends on when you register); Single supplement - \$500



Email/call for more detailed brochure

Who Are These Tours Designed For?

These tours are designed for women as well as men; young or not so young; people interested in the mystery and sacredness of life, with a desire to know and understand more of where we've come from to assist us in where we are going and making a difference on the planet. We also explore some of the latest information out there that you may have never heard before. If you have a curiosity about mythology, sacred sites, other cultures, and a sense of adventure and want to travel with like-minded people in small intimate groups with a nice balance of workshop time, site time as well as free, independent time, these tours are designed for you. They are not your ordinary, large group tours, being herded into buses with little time to experience the energy of the site. We allow special extra time at sacred sites and there is always the option of being with the group or being on your own. Also, meals are usually not included, except breakfasts, to allow you to explore on your own at meal time or eat with the group.

We want your tour to be a trip of a lifetime, a transformative adventure.



Enchanting Scotland!

Celtic Journey, Sacred Sites, Mystery & Mythology

August 15 - 28, 2013

(13 night tour INCLUDING Orkney)

Beautiful Scotland

Land of legends, mystery, standing stones, bagpipes, highlands, islands & myth

- * **Highlands & Lochs (lakes) of Western Scotland** - mountains, glens, waterfalls, lakes, streams
- * **Enchanting Isle of Lewis - intriguing landscapes & the Queen of Standing Stone Complexes**
 - * **Standing Stones of Callanish** - located on the Isle of Lewis in the Outer Hebrides off the north west coast of Scotland, form the second largest stone circle in Britain. They are thought to date as far back as 3000 BC.
 - * **Lochs & Moors** * **Pictish House Re-creation** * **other sites**
- * **Mystical Isle of Skye - Beautiful nature and rock formations, the Fairy Glen & Fairy Bridge & Dunvegan Castle**
Local artists and craft shops
- * **Magnificent Orkney Islands - main island** - With more than five thousand years of human history, culture and architecture, the global significance of Orkney's Neolithic Heartland was recognised with World Heritage Site status in 1999, in common with Stonehenge and the Great Wall of China.
 - * **Ring of Brodgar standing stone circle** * **Standing Stones of Stenness - stone circle**
 - * **Maes Howe chambered mound** * **Skara Brae ancient village**
 - * **Kirkwall Town with its Bishop's Palace, Earl's Palace, Museum, St. Magnus Cathedral**
 - * **Local artists and craftshops throughout the island**
- * **Mysterious Roslyn Chapel & Glen** - filled with mystery of the Knights Templar, Gypsies & The Holy Grail (also featured in The DaVinci Code)
Incredible Gothic Chapel filled with pagan, masonic and mysterious stone carvings
- * **Loch Ness and its mystery**
- * **Ft. William - right on the loch - time for a wee bit of shopping**
 - * **Beautiful Glen Nevis with waterfalls & lovely walks**
- * **Journey through incredible highlands throughout the tour**
- * **Wonderful food in great pubs & restaurants! Yummy desserts!**
- * **Workshops in:** *Celtic & Pre-Celtic Mythology & Practices*
Scottish History & Folk Practices
Knights Templar & Roslyn Chapel Mysteries



Price of Tour: Starting at \$3595 per person twin/triple occupancy (price depends on when you register) + airfares; Single Supplement \$550

Email/ Call for more detailed brochure



Roslyn Chapel - above

Holistic Health Homestudy Courses

Designed for nurses for CEU's (if you are not a nurse you probably would prefer to purchase just the book for the information rather than course which is book & test - book prices subject to change)

Go to webpage for more info and how to order -- <http://www.wellwithin1.com/homestud.htm>

Inventing the AIDS Virus - Exposing the lies about HIV and AIDS (Text-" Inventing the AIDS Virus" by Peter H. Duesberg) 30 Contact Hours. \$75.00
Explore this well-credentialed scientist's hard-driving attack on the accepted view that AIDS is caused by HIV. Duesberg is absolutely correct in saying that no one has proven that AIDS is caused by the AIDS virus. And he is absolutely correct that the virus cultured in the lab may not be the cause of AIDS. If Duesberg is right, this may be one of the great science scandals of the century. AIDS is the first political disease, the disease consumes more government research money, more press time, and indeed probably more heartache --much of it unnecessary-- than any other. This course tells you why.

Women As Healers: Past, Present & Future (Text-"Woman As Healer" Jeanne Achterberg) 30 contact hours. \$75.00. Explore the healing activities of women from prehistoric times to the present.

Vaccines: Are They Really Safe & Effective - (Text - "Vaccines: Are They Really Safe & Effective?" Neil Z. Miller)
5 contact hours. \$22.00. Can mandatory vaccines trigger developmental disorders and autoimmune diseases? Are they responsible for an unprecedented rise in criminal activity and violent crime? Did AIDS originate from diseased monkey organs used to incubate polio vaccines? How safe is a child or adult from the near and long-term effects of these 'miracle' shots. Are vaccines really safe & effective?

The Vaccination Dilemma: Why Not to Vaccinate -30 contact hours. \$ \$75.00 (Text - The Vaccine Guide & articles) - Study the latest information on vaccination that presents a strong case for reconsidering routine vaccination. Often vaccination not only fails to protect, but can cause neurological damage or burden the immune system in later years possibly leading to arthritis & autoimmune disease.

Introduction to Ayurvedic Medicine (Text - "Perfect Health" Deepak Chopra, MD) \$75.00 -- 30 contact hours. Explore Ayurvedic Medicine where you will learn about body types, quantum medicine, meditation, primordial sound, pulse diagnosis, aging, body-type diets, exercise, breathwork & more. (Book only - \$14.00 + tax + \$3.20 shipping)

Mind/Body Medicine (Text - "Quantum Healing" Deepak Chopra, MD) 16 Contact Hours. \$45 Brings together Western medicine, neuroscience & physics with Ayurvedic theory.

Introduction to Homeopathic Medicine (Text - "The Complete Homeopathy Handbook" by Miranda Castro) 30 Continuing Education Contact Hours
Cost: \$75.00. Study an exciting and growing system of medicine that is in use all over the world and is coming to popularity again in the United States. In homeopathy the individual is treated, not the disease, using minute, non-toxic doses of plant, mineral, animal or other substances. These substances stimulate the body's own natural healing energies and are very easy to use. Explore the principles of homeopathic medicine and come away knowing how to treat acute conditions with substances that have been proven to be safe, natural and effective. We also will explore some of the information available to us objecting to the use of immunizations. There is strong evidence linking immunization to neurological damage, suppression of the immune system and more. We also will introduce a little about treating chronic conditions but that is beyond the scope of this introductory course.

New Look at Healing - Text - "Healers On Healing" ed. by R. Carlson & B. Shield - 16 Contact Hours - Cost: \$45. - Explore 37 essays by some of the world's leaders in healing - Dolores Krieger, Elisabeth Kubler-Ross, Brooke Medicine Eagle, Bernie Siegel, Louise Hay, Shakti Gawain, Ram Dass, Norman Cousins, Stephen Levine & more. Hear from nurses, physicians, psychologists, shamans, metaphysical healers & others. Explore what healing really is, how it takes place, the power of the healer within, spirituality in healing, the healing relationship, attitudes and emotions, love, & healing & death

Power of the Mind in the Treatment of Cancer & Other Illness (Text - "Getting Well Again" by Simonton; Matthews-Simonton; Creighton) 10 contact hours. \$25 -- Explore positive attitude, relaxation, visualization, imagery and other techniques in working with cancer and other illness.

Introduction to Chinese Philosophy of Health & Illness (Text - "Staying Healthy With the Seasons" Elson Haas, MD) 15 contact hours. \$45.00 -
-Explore the view of health and illness from the traditional Chinese perspective. Explore energy systems, chi, meridian, yin/yang, 5 elements, acupuncture, herbs and nutrition.

Go to webpage for more info and how to order -- <http://www.wellwithin1.com/homestud.htm>

On-Line Courses - classes via email over internet

Introduction to Homeopathy

More info at <http://www.wellwithin1.com/homeo2.htm>

Next classes will start October 15, 2013 (new ones every few months)

Open to anyone (also CEU's for nurses - 30 contact hours)

Takes approximately 4 months, go at your own pace or keep up with the group - all by email

Taught by Sheri Nakken, former R.N., MA, Hahnemannian Homeopath

Introduction to Vaccine Dangers Classes or Childhood Diseases: Reality & Treatment Classes

More info at <http://www.wellwithin1.com/vaccineclass.htm>

Next classes will start October 17, 2013 (new ones every few months)

Open to anyone (also CEU's for nurses - 30 Contact hours)

Takes approximately 9- 12 months to receive all the documents & lessons,

go at your own pace or keep up with the group - all by email

Taught by Sheri Nakken, former R.N., MA, Hahnemannian Homeopath

email homeopathycuresyou@gmail.com OR earthmysteriestours@gmail.com if interested